

Become one with elevated self-respect and a bestower of regard.

1. Consider yourself to be a soul with elevated self-respect and remain stable in your self-respect and this self-respect will enable you to forget body consciousness. You stayed in body consciousness for half the cycle and because of that body consciousness, you were a beggar for receiving temporary respect. The Father has now come and made you into someone with elevated self-respect. Therefore, constantly remain stable in your self-respect. This self-respect will easily fulfil all desires.
2. One who has self-respect is always a carefree emperor and an embodiment of all attainments. Such a soul is ignorant of any lack of attainment. Someone with self-respect is always seated on the Father's heart-throne because he is a carefree emperor. Such souls cannot have any type of worry.
3. Just as the Father is always stable in His self-respect, in the same way, souls who are equal will also stay in their self-respect. They will not come down. Their every step will be of self-respect. Those who have such self-respect are equal to the Father. Self-respect is their throne. Before receiving the throne of the future, constantly remain seated on the throne of self-respect. Never get off the throne.
4. If any effort-maker falls down due to his or her own weakness or because of carelessness, that is, even if someone comes down from his *stage*, the duty of you charitable souls who are stable in your self-respect, is to uplift those who have fallen and make them co-operative. Those who are stable in their self-respect should never think that that soul is suffering the consequences of his actions, or that those who do something will definitely receive the return of it. That is also a trace of bossiness or arrogance, which souls who have self-respect cannot have in them.
5. Nowadays, people in the world receive self-respect through their position. When someone is a *president*, he receives such respect because of having that high position. In the same way, you children will also become world emperors by having such self-respect, and because of this self-respect, the world will respect you. Therefore, simply remain stable in your self-respect and you will receive all attainments.
6. Whether someone is young or old, an elephant rider or part of the infantry, look at everyone with a look of regard. Give regard even to those who don't give you regard. Show the destination to those who reject you. Become one who sings the praise of those who defame you. Only then will it be said that you are one who gives regard to all. Those who give such regard attain everyone's respect.
7. Pay attention to all three – your thoughts, words and deeds, 1) You always have to maintain your self-respect. 2) You have to take every step according to the Father's orders. 3) Give regard to anyone you come into contact with. However, only those who constantly remain humble can become bestowers of such self-respect. Because of being beyond any desire of receiving respect, they become worthy to receive elevated respect from everyone. This is an eternal law.
8. Constantly remain stable in your elevated self-respect, be humble and give respect to everyone and this giving will become receiving. To give respect means to bring zeal and enthusiasm into that soul and make him move forward. Therefore, constantly remain stable in your self-respect and continue to give respect to everyone.
9. When an important *officer* or a king is seated on his *seat* of self-respect, others also give him respect. If he himself is not seated on his *seat*, no one listens to his *orders*. In the same way, unless you are seated on your *seat* of self-respect, Maya will also not be able to *surrender* herself to you because she knows that you are not *set* on your *seat*. To be *set* on your *seat* means to consider yourself to be a *master* almighty authority.
10. In order to keep your *record* right, give *regard* to everyone. To the extent that someone gives *regard* to others, accordingly, his *record* remains fine. Give *regard* to others and make your own *record*. Just as to help the yagya is to receive help, in the same way, to give *regard* is to receive *regard*.

11. Children who have self-respect in this one birth continue to receive respect throughout the whole cycle. In their own kingdom too, because of having a right to the kingdom, they receive respect from their people, and for half the cycle, they receive respect from their devotees. At this time, the Father Himself has given you children respect. This is why you have received a right to receive imperishable respect. Self-respect and respect are connected with each other.
12. Children who have self-respect maintain respect for the self-respect they have received, and they also look at others, speak to others and come into contact with others with respect. The Father receives respect from all souls of the world. It is because He has given respect to all the children that He receives everyone's respect. Those who don't give respect cannot become deities.
13. Those who give respect consider even those who defame them to be their friend. They don't just consider those who give them respect to belong to them, but they even consider those who insult them to belong to them because the whole world is their family. You Brahmins are the trunk (support) for the whole world. All those branches, that is, all the souls of the different religions have emerged from the main trunk. Therefore, give the respect of belonging; that everyone belongs to you.
14. Constantly have the self-respect of being a *master* creator and be a bestower of self-respect to all. Always consider yourself to be an original jewel of Adi Dev Brahma, a soul who plays the part from the beginning. Just as Father Brahma gave equal respect to all – small, young, mature and his equals, so *follow the father* in same way.
15. "I am a supremely worthy of worship soul". Remain stable on the seat of this elevated self-respect while performing actions and you will become someone who easily bestows blessings. To keep this in your awareness is to have the *seat* of the throne. Therefore, always have the awareness: I am a charitable soul who performs charity in every action. I am a great soul who always has elevated thoughts, speaks elevated words and performs elevated actions. When you remain stable on this seat, Maya can never come close to you.

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